

Summer Sewalong #Llantwit Hoop Art 2022

Every member of our community is welcome to participate students, parents, carers, grandparents, staff and governors.

Studies suggest that activities like sewing, knitting and drawing can help us achieve **mindfulness**, and have a **positive impact** on our overall **health and mental well-being**.

Following the success of the **Covid Quilt Challenge** The Home Economics department have been inspired by an array of textile artists who are using hand embroidery as a means of expression and so we have decided to start our own Hoop Art Challenge.

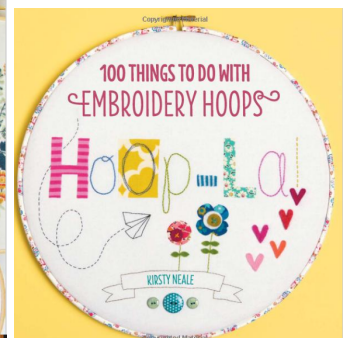
So what exactly is the challenge?

Our aim is to get people to create their own textile artwork and to share with us images of their designs and stitched artwork.

The hoop art can be of any size and can be assembled using any textile processes or techniques. There is no theme, the choice is yours.

Not sure where to start take a look at the links below

<https://www.sofst.org/hand-embroidery-artists-you-have-to-follow/>



Two lovely books (both available on amazon) Miss Games has a copy of each if you call in you can have a look or maybe even borrow them as part Textile book loaning scheme.

Pictures of finished items can be sent in to Gamest@llantwitschool.org.uk or uploaded to Sewalong [Google Classroom bo5zomy](#)

Points will be awarded to Eisteddfod houses and Certificates will be issued to everyone who participates.

Closing date tbc