Dear Parents/Guardians and Students,

The Welsh Government has provided advice regarding testing before learners return to school and the top behaviours to follow during the autumn term. Together we can keep one another safe by following the health guidance and this will mean that we can enjoy our year in school.

Yours sincerely,

Cedric Burden,

Headteacher.

**Key messages**

**Week before summer term starts (may be different for HE and schools):**

* To keep Wales safe, we need learners to start testing before going back to school or college;
* By taking 2 rapid lateral flow tests the week before you start school or college, you’ll have peace of mind that you’re safe to return;
* Order your tests online to be done at home, or collect from a local community site or your local pharmacist; and
* Remember to report all your results online or by calling 119.

**Top 5 messages for the autumn term:**

* If your child has any symptoms, however mild, keep them at home and get a test;
* No symptoms? Take a rapid lateral flow test twice a week and report all the results;
* Follow the school or college rules on face coverings;
* Year 7 and above need to wear them on school transport;
* Get the vaccine if it’s offered to you; and
* Regular handwashing.

**Channels and assets**

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|  * Reminder to report all LFD results: [Published Assets (assetbank-server.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwales.assetbank-server.com%2Fassetbank-wales%2Fimages%2Fassetbox%2F24a66379-7669-4689-8a02-37d80e25eec7%2Fassetbox.html&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847830956%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=phFBtkeoHVKPzbyxtExXUdKdfBRBT6c5RKg4EO1WcBQ%3D&reserved=0)
* Self-isolation exemptions for under 18’s: [Published Assets (assetbank-server.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwales.assetbank-server.com%2Fassetbank-wales%2Fimages%2Fassetbox%2F8da04379-5212-41e1-a1f3-da758be46644%2Fassetbox.html&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847840919%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=ERnfXSxzS8oWRWYIZFZHUMyPS%2FPOv8EChaBcTlEXDYY%3D&reserved=0)
* Lateral flow test – who and how to access the tests: [https://gov.wales/get-rapid-lateral-flow-covid-19-tests-if-you-do-not-have-symptoms](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgov.wales%2Fget-rapid-lateral-flow-covid-19-tests-if-you-do-not-have-symptoms&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847840919%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=w5p9g%2FVtkJ7Kr8K%2BpVi8a1G7yfUQPFQ54%2BpEzIqZ4AI%3D&reserved=0)

 * Lateral flow test webpage explainer: [https://gov.wales/lateral-flow-testing-people-without-symptoms](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgov.wales%2Flateral-flow-testing-people-without-symptoms&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847850877%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=aL%2BtzP7%2FY3c0TvqAQjE%2BxiWWl4B1y4kjTHmSjq8O8zo%3D&reserved=0)
* LFT self-test instructions pdf (20 page booklet) available in English and Welsh

[https://wales.assetbank-server.com/assetbank-wales/images/assetbox/d8487633-52e0-4efd-842d-e6fe21269ed1/asset3508.html](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwales.assetbank-server.com%2Fassetbank-wales%2Fimages%2Fassetbox%2Fd8487633-52e0-4efd-842d-e6fe21269ed1%2Fasset3508.html&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847850877%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=KV4qpYJ1t5Hmh%2Fi0li7GBbldz1%2B%2B%2BLidE4FrBGqdmu4%3D&reserved=0) * LFT how to do a rapid self-test (2 page step-by-step guide) available in English and Welsh

[https://wales.assetbank-server.com/assetbank-wales/images/assetbox/d8487633-52e0-4efd-842d-e6fe21269ed1/asset3778.html](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwales.assetbank-server.com%2Fassetbank-wales%2Fimages%2Fassetbox%2Fd8487633-52e0-4efd-842d-e6fe21269ed1%2Fasset3778.html&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847860831%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=gQaHMGrBcl0fLrma29BdvJdh0WqQkRltXYMTfODGywo%3D&reserved=0) * An intro to rapid self-testing (why and links to FAQs) available in English and Welsh

[https://wales.assetbank-server.com/assetbank-wales/images/assetbox/d8487633-52e0-4efd-842d-e6fe21269ed1/asset3776.html](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwales.assetbank-server.com%2Fassetbank-wales%2Fimages%2Fassetbox%2Fd8487633-52e0-4efd-842d-e6fe21269ed1%2Fasset3776.html&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847860831%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=BH%2BpeQSk%2FyxXWhsd3fmm94B4oGQyDLRlqqfksbZJk6c%3D&reserved=0) * Video of young person taking the test at home

[How to use a COVID test - YouTube](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DchR9Ud43EvM%26list%3DPLTZvaU9CIF5u27UHyACS6AqdRTPlsJ7XO%26index%3D33&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847870783%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=RUdhSDzNtdz9TRCdw0b9Q0EdS8wiks0rrV3XGIYgayI%3D&reserved=0)[Sut i ddefnyddio prawf COVID - YouTube](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3Da7F3DxUME0A%26list%3DPLTZvaU9CIF5u27UHyACS6AqdRTPlsJ7XO%26index%3D34&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847870783%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=EmYQMWCX633%2FhEb6qa%2BFa5VCrQmrbkyA0%2FST5CMPB6A%3D&reserved=0)   |
|  [Published Assets (assetbank-server.com)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwales.assetbank-server.com%2Fassetbank-wales%2Fimages%2Fassetbox%2F7ecd4de8-92b2-4c9b-845c-68131ce5a595%2Fassetbox.html&data=04%7C01%7CJMJones%40valeofglamorgan.gov.uk%7C128639425ae84493c92108d96d4b29a9%7Ce399d3bb38ed469691cf79851dbf55ec%7C0%7C0%7C637660991847880738%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=3NoSsLBFWbMGfLFvAQolE5GWi5VNl%2BmtiOhJ9qfqhV4%3D&reserved=0)An example:cid:a72e50e6-8233-44ca-81f6-3b87dfb4187b   |

Should you have difficulty with the links above then you may find the following to be helpful:

<https://wales.assetbank-server.com/assetbank-wales/images/assetbox/24a66379-7669-4689-8a02-37d80e25eec7/assetbox.html>

<https://wales.assetbank-server.com/assetbank-wales/images/assetbox/7ecd4de8-92b2-4c9b-845c-68131ce5a595/assetbox.html>